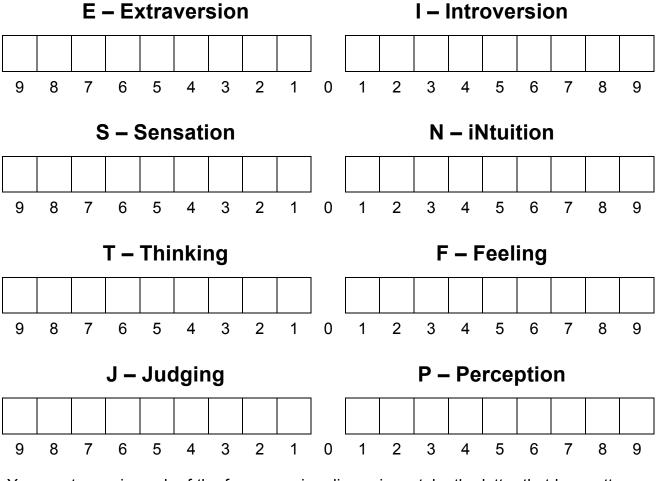


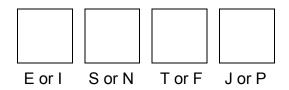
Own assessment of your typological preferences

Crosshatch the number of boxes that corresponds to the numerical value you assess in each category. Begin from the center, representing 0. If the numerical value is 0, do not hatch any box.

See key words on the typological attitudes, functions, and lifestyles on the next page.



You must now, in each of the four opposing dimensions, take the letter that has gotten the highest score and write it in the corresponding box:



The four letters you have written show your typological profile as you see it at the present moment.



Key words on the typological attitudes, functions, and lifestyles

E – Extraversion	Attitudes	I – Introversion
Focuses on objective phenomena		Focuses on subjective experiences
Reflects with others		Reflects in solitude
Gets energy from external stimuli		Gets energy from going in-depth
Active in contact with others		Reserved in contact with others
May be experienced as superficial		May be experienced as arrogant
S – Sensation	Perception	N – iNtuition
Is preoccupied by factual data	functions	Is preoccupied by potentials
Gives specific explanations		Gives general explanations
Seeks pragmatic solutions		Seeks visionary solutions
Prefers down-to-earth assignments		Prefers strategic significant assignments
May be experienced as too level-headed		May be experienced as too imaginative
]	
T – Thinking	Judging	F – Feeling
Emphasizes detached arguments	functions	Emphasizes caring understanding
Makes decisions from a logical system		Makes decisions from a value system
Strives to reach clear conclusions		Strives to reach consensus
Wants a professional communication		Wants a friendly communication
May be experienced as too negative		May be experienced as too positive
J – Judging	Lifestyle	P – Perception
	Lilootylo	Organizes along the way
Organizes in advance		
Organizes in advance Makes targeted plans		Makes flexible plans
Organizes in advance		

Read about the typological attitudes, functions, and lifestyles in my free e-book. Download it from this web site: <u>https://www.smashwords.com/books/view/631441</u>